

WE CLAIM:

1. An insole for placing inside an insole receiving area of a slipper comprising:
 - (a) a result of compression molding a structure comprising a foam layer having a first foam side and a second foam side, to provide an insole comprising:
 - (i) a heel region having a heel cushioning portion and a heel perimeter portion, wherein the heel perimeter portion comprises a retaining wall that extends above the top surface of the heel cushioning portion;
 - (ii) an arch region having an arch cushioning portion and an arch perimeter portion, wherein the arch perimeter portion comprises an arch support that extends above the top surface of the arch cushioning portion; and
 - (iii) a toe region having a toe cushioning portion and a toe perimeter portion.
2. An insole according to claim 1, wherein the toe perimeter portion does not include a retaining wall.
3. An insole according to claim 1, wherein the heel cushioning portion comprises a contour design.
4. An insole according to claim 3, wherein the contour design comprises a starburst pattern.
5. An insole according to claim 1, wherein the foam layer comprises ethylene vinyl acetate.

6. An insole according to claim 1, wherein the structure comprises a laminate of the foam layer and a fabric layer having a first fabric side and a second fabric side, wherein the second fabric side is attached to the first foam side.
7. An insole according to claim 6, wherein the fabric layer has a nap of less than 4 mm.
8. An insole according to claim 1, wherein the arch perimeter portion comprises a retaining wall that extends above the top surface of the heel cushioning portion.
9. An insole according to claim 1, wherein the retaining wall of the heel perimeter portion extends about 1/4 inch to about 1 inch above the top surface of the heel cushioning portion.
10. An insole according to claim 1, wherein the arch support extends about 1/4 inch to about 1 inch above the top surface of the arch cushioning portion.
11. An insole according to claim 1, wherein the arch support comprises a plurality of perforations for increasing the flexibility of the arch support.
12. An insole according to claim 1, wherein at least one of the heel region, the arch region, and the toe region comprises a plurality of perforations for increasing air circulation.
13. A slipper comprising:
 - (a) an outsole having a top outsole side, a bottom outsole side, and an outsole retaining wall extending along a circumference of the outsole;
 - (b) an upper having an outsole attachment area, a foot covering area, and a stabilizing member, wherein:

- (i) the stabilizing member is attached along the outsole attachment area to provide an insole receiving area between the stabilizing member and the foot covering area; and
 - (ii) the outsole attachment area is attached to the outsole retaining wall; and
- (c) an insole placed within the insole receiving area, the insole comprising a result of molding a structure comprising a foam layer having a first foam side and a second foam side, to provide an insole comprising:
 - (i) a heel region having a heel cushioning portion and a heel perimeter portion, wherein the heel perimeter portion comprises a retaining wall that extends above the top surface of the heel cushioning portion;
 - (ii) an arch region having an arch cushioning portion and an arch perimeter portion, wherein the arch perimeter portion comprises an arch support that extends above the top surface of the arch cushioning portion; and
 - (iii) a toe region having a toe cushioning portion and a toe perimeter portion.

14. A slipper according to claim 13, wherein the toe perimeter portion does not include a retaining wall.

15. A slipper according to claim 13, wherein the heel cushioning portion comprises a contour design.

16. A slipper according to claim 15, wherein the contour design comprises a starburst pattern.

17. A slipper according to claim 13, wherein the foam layer comprises ethylene vinyl acetate.

18. A slipper according to claim 13, wherein the structure comprises a laminate of the foam layer and a fabric layer having a first fabric side and a second fabric side, wherein the second fabric side is attached to the first foam side.
19. An insole according to claim 18, wherein the fabric layer has a nap of less than 4 mm.
20. A slipper according to claim 13, wherein the arch perimeter portion comprises a retaining wall that extends above the top surface of the heel cushioning portion.
21. A slipper according to claim 13, wherein the retaining wall of the heel perimeter portion extends about 1/4 inch to about 1 inch above the top surface of the heel cushioning portion.
22. A slipper according to claim 13, wherein the arch support extends about 1/4 inch to about 1 inch above the top surface of the arch cushioning portion.
23. A slipper according to claim 13, wherein the arch support comprises a plurality of perforations for increasing the flexibility of the arch support.
24. A slipper according to claim 13, wherein at least one of the heel region, the arch region, and the toe region comprises a plurality of perforations for increasing air circulation.
25. A slipper comprising:
 - (a) an outsole having a top outsole side, a bottom outsole side, and an outsole retaining wall extending along a circumference of the outsole;
 - (b) an upper having an outsole attachment area and a foot covering area, wherein:

- (i) the outsole attachment area is attached to the outsole retaining wall to provide an insole receiving area between the foot covering area and the outsole; and
- (c) an insole placed within the insole receiving area, the insole comprising a result of molding a structure comprising a foam layer having a first foam side and a second foam side, to provide an insole comprising:
 - (i) a heel region having a heel cushioning portion and a heel perimeter portion, wherein the heel perimeter portion comprises a retaining wall that extends above the top surface of the heel cushioning portion;
 - (ii) an arch region having an arch cushioning portion and an arch perimeter portion, wherein the arch perimeter portion comprises an arch support that extends above the top surface of the arch cushioning portion; and
 - (iii) a toe region having a toe cushioning portion and a toe perimeter portion.

26. A method for manufacturing a slipper that includes an upper attached to an outsole, wherein the upper comprises an outsole attachment area attached to an outsole, a foot covering area, and a stabilizing member, wherein the stabilizing member is attached along the outsole attachment area to provide an insole receiving area between the stabilizing member and the foot covering area, the method comprising:

- (a) placing an insole within the insole receiving area, the insole comprising a result of compression molding a structure comprising a foam layer having a first foam side and a second foam side, to provide an insole comprising:
 - (i) a heel region having a heel cushioning portion and a heel perimeter portion, wherein the heel perimeter portion comprises a retaining wall that extends above the top surface of the heel cushioning portion;

- (ii) an arch region having an arch cushioning portion and an arch perimeter portion, wherein the arch perimeter portion comprises an arch support that extends above the top surface of the arch cushioning portion; and
- (iii) a toe region having a toe cushioning portion and a toe perimeter portion.

27. A method according to claim 26, wherein the upper and the outsole are attached by stitching the outsole attachment area to an outsole retaining wall along a circumference of the outsole.

28. A method according to claim 26, wherein the insole comprises a laminate of the foam layer and a fabric layer having a first fabric side and a second fabric side, wherein the second fabric side is attached to the first foam side.

29. A method according to claim 26, wherein the step of placing an insole within the insole receiving area comprises adhering the insole to the stabilizing member.